



Questions 1-5

• 1. If your kids or closest family had to say what your family was known for and what values they use to guide their decisions, what would you want them to say?

• 2. Imagine you are now 100 years old and are looking back on a perfect retirement. What needs to be put in place for that to happen?

• 3. If you were given a day to live, what regrets would you have?

 4. If you were given 3 years to live, what would you spend your remaining time doing?

 5. What would have to happen this year for you to view it as a success?

Questions 6-10

 6. If you had a choice right now to choose between more money or more time, what would you choose and why?

 7. If you had to define success beyond numbers or a measured accomplishment. What criteria would that be?

• 8. What is the most common story you tell yourself when you think 'I'll be happy when....?"

 9. What's the one thing in your life you are most grateful for?

 10. What is the 'one big thing' that's in your life that you could you do without?

